

## MORNING ANNOUNCEMENT- GROWTH MINDSET

Thursday, October 11, 2018

GOOD MORNING TOPE family! Take a moment to breathe in and breathe out and settle in for a few minutes. (PAUSE)

For two solid weeks we have learned about empowering ourselves through the growth mindset. **In a growth mindset, people believe that their most basic abilities can be developed through dedication and hard work. It is essential that every one of us in this school understands that our intelligence and talent is constantly changing based on attitude, effort, persistence, and motivation.** We have also learned about how powerful our brains are. We all have neuroplasticity. **Neuroplasticity** is, in simple terms, the ability of your brain to change and adapt in response to challenges. You can think of those neurological changes as your brain's way of tuning itself to meet your needs. Because of this neuroplasticity- your brain can actually change its physical structure as a result of learning.

This week... I want to talk about WHY this is so important. We need more people in this world to use THESE POWERS for good. Every one of you listening to this announcement has the potential to change this world for good. I AM GOING TO REPEAT MYSELF, EVERY ONE OF YOU LISTENING TO THIS ANNOUNCEMENT HAS THE POTENTIAL TO CHANGE THIS WORLD FOR GOOD.

You all know I am a big fan of Kid President, who is really not so much a kid anymore! His name is actually, Robby Novak. Robby started creating his videos as a fun thing to do with his brother-in-law. It was one good idea from one little kid that just grew. Robby has overcome obstacles in his life. He has a disease named, **Osteogenesis Imperfecta** (also known as "Brittle Bones Disease"), which means that his bones break very easily. He has experienced over 70 fractures. This disease has NOT defined Robby nor has it stopped Robby from waking up positive, dressing up and delivering his message as KID PRESIDENT.

As you walk down your path of awesome—REMEMBER The world needs heroes and that hero could be you- LET'S DO THIS!

TOPE VOCAB-

Hero

Growth mindset

Neuroplasticity

Kid President- THE WORLD NEEDS HEROES (4 min 16 sec)

<https://safeshare.tv/x/ss5bbf419e8ef5b#>

INCORPORATE THIS SOMEHOW INTO WRITING TODAY- (journals, notecards, fancy paper, etc.)

How can I be a hero?

What can I change in this world?

What can I change in my classroom?

What problems exist that I know I can change?

Bollinger reads

Teacher Responsibility