THURSDAY, September 13, 2018
STEAM @ TOPE LEARNERS- active listening

GOOD MORNING, TEAM TOPE! Take a moment to breathe in, breathe out and settle in for a few minutes.

Have you memorized the 4 Cs of the STEAM @ Tope Code? Confidence, Community, Compassion and Collaboration.

This week we all are continuing to work on becoming a better listener. Are you a good listener? Do you actively listen to your parents, teachers, and peers? What does active listening look like to you?

Imagine if you had an important speech or message to give. You have practiced over and over for it and you are just a little nervous about giving it. The night before you lay out your favorite outfit and practice ONE MORE TIME. The next morning, you are excited because of all of the preparation. You step in front of all of your peers to deliver that speech and not one person is actively listening. One girl has her head down, two others are talking to each other, one is drawing pictures... well, you get the picture!!! YIKES! How would that scenario make you feel? How do you think it makes teachers feel if a few students are not actively listening? How does it make the people around you who ARE trying to actively listen feel?

It is important to listen with understanding and empathy. Empathy is making an effort to understand another's point of view and emotions. As you listen, think about the other person's thoughts and ideas. People want to be heard! Be respectful and give them your full attention with empathy and understanding.

As you walk down your path of awesome, be a better listener by working to understand and empathize with those who are talking to you.

## **TOPE VOCAB-**

**Empathy** 

Active listening skills

## **VIDEOS-**

https://safeshare.tv/x/ss5b9a5aef8d945# The Importance of Empathy (3:30) (4th and 5th grade)

https://vimeopro.com/wondergrove/empathy/video/106649118 Wondergrove Kids- Listening with Understanding and Empathy (3:30) (K-3)

## Teacher Activities- (please select at least one)

- 1) Discuss the scenario from the announcement- (no one is listening to your speech) How does that make you feel? Others feel? etc.?
- 2) What is empathy? How do you personally show empathy on a day to day basis? How do you want others to show empathy?
- 3) Discuss how it makes you feel as a teacher/mom/dad when students, your children, colleagues are not listening to you...
- 4) Set one personal goal for the class surrounding active listening.
- 5) Create an active listening SOP chart for your meeting area.

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