

Tuesday, September 25, 2018

GROWTH MINDSET

Bollinger reads

GOOD MORNING, TEAM TOPE! Take a moment to breathe in, breathe out and settle in for a few minutes.

It is time to talk about growth mindset! In order to fully understand what a growth mindset is, you must first fully understand the POWER OF YOUR BRAIN; therefore, let's take some time to learn about the human brain!

Your brain is BIG! The human brain is the largest brain of all vertebrates (animals with backbones) relative to body size. Your brain is heavy. It weighs roughly 3 pounds, which is about as heavy as a half of a gallon of milk. It works hard! It creates about trillions of connections every day called synapses!

Your brain is working right now to process the words that I am speaking. ALL DAY your brain will be working hard to process, learn and retain the information that your teacher is delivering. PHEW, sounds exhausting.

Let's take a closer look at your brain in this next video. Remember, as you walk down your path of awesome—USE THE POWER OF YOUR BRAIN!

TOPE VOCABULARY-

Growth mindset

Problem solver

Failure

Success

Teacher Responsibility

<http://safeshare.tv/v/ss57b212271bbee> 2:06 (K-1) How Does our Brain Work?-Animated Explanation

<http://safeshare.tv/v/ss57b2125d10ae9> 2:56 (K-2) Everything is Controlled by the Brain-Song

<http://safeshare.tv/v/ss57b212d1565c0> 1:36 (3-5) How the Brain Works by Sentis-more scientific

***OK... you know your kids best! I LOVE the SENTIS video. *The others are very cartoony!* SO, select the video based on what fits your student's needs best!

ACTIVITY-

Start a CLASS poster. Draw a brain in the middle of it and label it "OUR BRAIN". Start to write facts/information about the brain. We will utilize the poster throughout our time with the BRAIN!

PLEASE TAKE TIME THIS WEEK TO REVIEW HALLWAY SOPS- specifically, when students are entering the building!