

MORNING ANNOUNCEMENT- GROWTH MINDSET

Wednesday, September 26, 2018

Bollinger reads

GOOD MORNING, TEAM TOPE! Take a moment to breathe in, breathe out, and settle in for a few minutes.

Yesterday, you learned a few facts about your SUPER POWERFUL and AMAZING BRAIN! Today, we continue on this journey of learning about the brain!

Did you know the brain has different parts and each holds a different job? As you watch THE video, think about each part of the brain and its importance. What does each part help you do as you go about your day?

Today, as you sit there in class OR even outside on recess- watch your teacher or a group of friends on the playground for a moment. Think about all of the different activities happening in their brains to create what they are doing. Walking in the room, running outside, eating food or drinking water, listening, speaking, and even just picking up a piece of trash! You will be amazed at the power of their brain!

As you walk down your path of awesome- think about the different regions of your brain working all the time to make you be the awesome person you are!

Teacher Responsibility

http://safeshare.tv/x/oPFKwu_quxl 3:59 (K-2) Meet the Parts of Your Brain song

<http://safeshare.tv/x/ss57b3c71c11c6a> 1:23 (Grades K-5) Parts of the Brain Brain Tofu (short)

<http://safeshare.tv/x/ss57b3c76faab00> 3:06 (1-5?) Sentis Areas of the Brain –this explanation is the most sophisticated of the three, but it is my personal favorite

You select from the above videos for which fits your class the best.

Tuesday ACTIVITY- Start a CLASS poster. Draw a brain in the middle of it and label it “OUR BRAIN”. Start to write facts/ information about the brain. We will utilize the poster throughout our time with the BRAIN!

TODAY-

PRIMARY- Using your poster ask students what our brains help us to do. Add these to the poster.

INTERMEDIATE- Using the poster label the 3 regions of the brain. At 1:09 in the video, the colors are highlighted. (see below)

PRIMITIVE- red base	Breathing, heartrate, movement, keep us safe
FEELING- green middle	Anger, fear, pleasure, shapes our behaviors and habits
THINKING- blue top	Memory, planning, imagine, communicate, make decisions