

GOOD MORNING, TOPE FAMILY! Take a moment to breathe in, breathe out and settle in for a few minutes.

We are learning about our STEAM @ Tope CODE! Our code helps us understand the values and standards that we must commit to in order to attain our vision. Our code consists of the 4 Cs—Confidence, Community, Compassion and Collaboration.

Today, we are going to talk about COMPASSION. Compassion means to show kindness and be willing to help others. WAIT, WAIT, WAIT. I should probably clarify-- The key is—TRUE COMPASSION MEANS YOU ARE willing to help all others—Not just the people you like, but every single person. It is easy to be compassionate with our friends, but true compassion means you care about people in general- EVEN the ones who are frustrating you or annoying to you.

As you walk down your path of awesome, remember to be compassionate to all. May you be happy, may you be healthy, may you be safe and may your life be filled with joy.

VOCABULARY--

- Code
- Confidence
- Community
- Compassion



VIDEO-

<https://safeshare.tv/x/ss5b910a47cd979#> Practice Compassion with Others (4:25) MORE INTERMEDIATE, BUT I REALLY LIKE THIS ONE.

<https://safeshare.tv/my/safeviews/ss5d6937b762a98/play> Compassion (1:20) DEFINITELY MORE PRIMARY!

ACTIVITY/IES-

- 1) TODAY, PLEASE REVIEW BATHROOM SOPs. Teach, reteach, coach and hold them accountable. Friday
- 2) Talk about the 4 C's. Divide chart paper into four squares- write 4 cs in each area. Define Compassion. List ways to be compassionate to others in the classroom. Be explicit!