

GOOD MORNING, STEAM @ TOPE FAMILY! Take a moment to breathe in, breathe out and settle in for a few minutes.

Last week we celebrated STEAM week and spent some time learning about each letter in our STEAM acronym and celebrated being a STEAM school. Today, we jump right back into learning specific skills that help us to build our community and also help us to be successful within a community

Here at STEAM @ Tope we show kindness, compassion and concern for others. It is part of our code and MANY OF YOUR classroom visions! We are continuing to work on saying sorry. Not just the action of saying sorry, but truly thinking through the process of a heartfelt apology.

Apologies are such a simple act, but one of the most difficult ones to do. It starts with three little words. I am sorry. People who have learned to own their mistakes and say sorry are some of the biggest heroes I know.

If you make a mistake and wrong someone... OWN IT, apologize and MOVE FORWARD. I sometimes see my own children say sorry to each other and it really isn't heartfelt. Saying a heartfelt sorry includes the following FOUR steps.

- 1) *state what you did ---I'm sorry for...*
- 2) *say why it was wrong to do that-- This is wrong because...*
- 3) *say how you will fix it-- In the future, I will...*
- 4) *ask for forgiveness-- Will you forgive me?*

As you walk down your path of awesome, REMEMBER TO BE A COMPASSIONATE HUMAN AND say a heartfelt 4 step apology when necessary—Be a giant—say sorry.

TOPE VOCAB-

4 step apology

<https://safeshare.tv/x/ss5d837c3b6304f#>

Rock Giant Teaches

Kids to Say Sorry (:58)

ACTIVITY-

Create an anchor chart for HOW TO SAY SORRY the correct way

Have students pair up to practice saying sorry with each step.

