

GOOD MORNING TOPE FAMILY! Take a moment to breathe in, breathe out and settle in for a few minutes.

Today, we will review the four steps that are necessary to make a heartfelt apology.! The difference between a regular apology and a heartfelt apology is that a heartfelt apology means just that... you feel it in your heart and you are sincere about making a change. Here are the four steps of a heartfelt apology--

- 1) *I'm sorry for...*
- 2) *This is wrong because...*
- 3) *In the future, I will...*
- 4) *Will you forgive me?*

When you use the four steps, you should make eye contact AND use a sincere voice.

In today's video, you are going to watch a very heartfelt apology. Listen to Judy Hopps as she apologizes to Nick. Listen for each of the 4 steps. What would have happened if Judy never apologized to Nick?

As you walk down your path of awesome, know that owning your behavior AND making a heartfelt apology is one of the most difficult things to do... but also one of the most POWERFUL ways to communicate effectively!

VOCAB-

Apology

VIDEO-

<https://safeshare.tv/x/ss5c744bbd20321#> Zootopia -Judy's apology to nick scene (1:38)

ACTIVITY-

Review the anchor chart for HOW TO SAY SORRY the correct way

Have students pair up to practice saying sorry with each step.

Practice eye contact with a genuine and sincere tone of voice.

Bollinger
reads

Teacher Responsibility

