

MORNING ANNOUNCEMENT- GROWTH MINDSET

October 4, 2021

Bollinger reads

GOOD MORNING, STEAM @ TOPE FAMILY! STOP WHERE YOU ARE AT AND WE ARE GOING TO DO 4-7-8 BREATHING TOGETHER. so, take a deep Breathe in for a count of four-1-2-3-4 now hold it for 7 seconds 1-2-3-4-5-6-7 and exhale for 8 seconds 1-2-3-4-5-6-8

Have you been thinking about your superhuman powers of neuroplasticity and growth mindset? Did you come across any challenges yesterday that you were able to overcome because of it? Did you wrestle with a tough math problem and finally it clicked and you knew the answer? Did you learn a new beat or note in music? There are so many things to celebrate once you have accepted a challenge and then triumphed in the end. BUT... what happens when you accept a challenge and you face it head on... and then YOU fail. HOW DO YOU HANDLE FAILURE? How do YOU handle MISTAKES? DO YOU GIVE UP AND QUIT?

WATCH AND SEE HOW MOJO TAKES ON THE NEXT CHALLENGE USING HIS GROWTH MINDSET. What happens when he makes mistake after mistake after mistake?

ACCEPT the day-to-day challenges, BUT know that you will make many, many, many mistakes along the path of awesomeness and THAT MY FRIENDS, IS OK.

TOPE VOCAB-

Neuroplasticity

Growth mindset

Challenges

Overcome, accept, triumph

failure

<https://safeshare.tv/x/ss5bb4bac589b17#> Mojo Learns from his Mistakes (2:57)

Activity~

Could Mojo learn from his mistakes?

How did Mojo feel after making mistake after mistake after mistake?

How will you respond when you come across a challenge and it takes MULTIPLE attempts to work through it?

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