

GOOD MORNING, TEAM TOPE! Take a moment to breathe in, breathe out and settle in for a few minutes.

This month we are learning how STEAM @ TOPE LEARNERS COLLABORATE AND CONTRIBUTE! Collaboration is a process where two or more people work together to achieve something and contribute means to be part of something and to give back.

Social management is the ability to establish and maintain healthy and rewarding relationships. Have you ever been told that you are being annoying? Are you often asked MULTIPLE times to stop doing something? Do people tell you to stop bugging them? IF SO? You probs need to work a little on managing your impulsivity! Managing Impulsivity means that you take time to consider options; YOU think before speaking or acting; Remain calm when stressed or challenged; are Thoughtful and considerate of others and Proceed carefully.

This habit of mind will help you to interact and BUILD positive relationships with OTHERs. Sometimes, we need to think about how our actions and behaviors impact others. Soooo, slow it down and think about what you are saying and doing to others!

As you watch the video – think about how DAVID could manage impulsivity better! As you go through your day think about how YOU can manage your impulsivity better!

As you walk down your path of awesome, work on managing your impulsivity so that YOU can have healthy and positive relationships with your peers.

TOPE VOCAB-

Social management is the ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups.

Considerate

Managing impulsivity

Interact

<https://www.youtube.com/watch?v=vCcMYqbqjOM> OR <https://safeshare.tv/x/ss5dd2a556c0fc5#>

David Gets in Trouble (3:32)

OR

<https://www.youtube.com/watch?v=9Wsod3lPIYY&t=12s> OR <https://safeshare.tv/x/ss5dd2a5d5c8537#>

No David (2:06)

Teacher Activities-

Within the “social management” quadrant write- “I will work on building relationships with others by managing my impulsivity”

How can David work on managing his impulsivity?

What are ways YOU can work on managing YOUR impulsivity? PLEASE MAKE CONNECTIONS TO REVIEWING SOPs- specifically hallway behavior AND entering the building!