

GOOD MORNING, STEAM @ Tope family! Take a moment to breathe in, breathe out and settle in for a few minutes.

STEAM @ Tope learners care by actively engaging with compassion for someone or something. How do you show care for yourself and others?

One way to demonstrate care is to learn to solve conflict in a healthy way. Have you experienced some conflict this week? Did you work to use the CALM DOWN TECHNIQUE? Calming down is the FIRST STEP, but you still have to find a solution to the problem! We are going to learn how to STEP into finding a win-win solution for all.

S- SAY THE PROBLEM, T- THINK OF SOLUTIONS, E- EXPLORE CONSEQUENCES, P- PICK THE BEST SOLUTION—let's take a look at this in action!

As you walk down your path of awesomeness, when you are experiencing conflict, FIRST get control of your emotions by calming down and THEN STEP into a win-win solution!

TOPE VOCAB-

Care

Solution

Win-win

<https://www.youtube.com/watch?v=kxctvrZMxaO> STEP Problem solving song (I can no longer access the Second Step curriculum on Youtube) (1:55)

<https://www.youtube.com/watch?v=ptxtu7lx470> FIRE DRILL VIDEO (TO BE PLAYED AT 9:45)

ACTIVITY- See poster below-- create a chart for your classroom. Run through some popular grade level scenarios! Review the location and use of this during recess hours.

S- SAY THE PROBLEM, (in a neutral non-blaming way)

T- THINK OF SOLUTIONS, (safe and respectful and WIN-WIN- you may have to give a little to get a little)

E- EXPLORE CONSEQUENCES, (what are the pros and cons for potential action)

P- PICK THE BEST SOLUTION, (Win-Win and move forward)

Talk about a scenario where this would be helpful!

Problem-Solving Steps



S

Say the problem

.....
without blame

T

Think of solutions

.....
safe and respectful

E

Explore consequences

.....
what could happen if...

P

Pick the best solution

.....
make your plan